



SAN JOAQUIN COUNTY BEHAVIORAL HEALTH ADVISORY BOARD (BHAB)

Regular Meeting

December 20, 2023 – 5:30 -7:00 P.M.

**Manteca Public Library
320 W Center Street
Manteca, CA 95336**

Minutes

I. CALL TO ORDER:

- Moment of Silence
- Pledge of Allegiance
- Roll Call
 - ◇ Jeff G, Celina S, Tasso K, Gertie K, Cary M, Christine S., Patricia B.
- Guest Introductions
 - ◇ Ashley Winters, Mike Kelly, Mike Smith, Angie, Chelsea Rambo, Bledsoe,

II. PUBLIC COMMENT PERIOD – (3 minutes, per person)

III. APPROVAL OF MINUTES

- Approval of the November 2023 Minutes
 - ◇ No Quorum, Vote Postponed until January 2024.

IV. BHAB CHAIR'S REPORT

- Proposition 1
 - ◇ Discussion regarding what Proposition 1 is and the local effects to MHSA Funding.
- Recap on Liaison responsibilities – This discussion will be postponed until after new year.

V. DIRECTORS UPDATE:

- SUD Presentation Impacts of BHS SUD Programing – Chelsea Rambo
 - History of Substance Abuse Services in San Joaquin County
 - Brief Overview of DMC-ODS
 - ASAM Assessment Criteria
 - Who is in our system of care?
 - Access & Referrals
 - What's next for our system of care?
- MHSA 2023-24 MHSA Community Planning – Angelo Balmaceda
 - Discussed: MHSA planning benefits from community stakeholder input
 - 2023 MHSA SHOWCASE – 2023-24 – MHSA Community Planning Kickoff
 - 2023-24 Planning Session Attendance (So Far)
 - 2023-24 Planning Session Demographics
 - Community Program Planning
 - Purpose
 - Feedback Requested



Community Feedback: What is Working:

- Psychiatry services have improved along with med services
- Gipson Center has been positive for consumers
- Classes have been great at the Gipson Center
- Having a wellness center – somewhere to get help for free
- Assistance around benefits has been working for us
- NAMI has been great support to train the community
- Peer Support – being part of recovery is important
- 1212 Clinic referring clients to Wellness Center
- CAC is helpful for consumers to engage leadership and empowerment skills
- CBO doors now open post covid
- People are more receptive to services
- Less Stigma in some communities
- Support of Peer Recovery being vital to consumers' success
- Expansion of Peer Recovery Services
- Last year's robust planning – encouraging organizations to apply for MHP funds
- School Based Programs being tied in the with the schools has been successful –

What Needs Improvement?

- Need more MH Advocates in the community
- Support Services through the health plans
- BHS needs to hire more therapists than case managers
- Need more groups – especially dual diagnoses, self care, WRAP, and recovery groups
- Group Therapy needs
- More uplifting reception area in crisis – messages of Hope, empowerment, etc.
- Reception in 24hour services are not friendly – Staff not showing empathy skills (adding fuel to the fire)
- Bridge services between crisis and outpatient – dedicated staff to do this
- Family outreach/education and support
- Prevention and education services for Older adults
- Safe Spaces for LGBTQ+ Youth
- Services for Lodi area (not enough or not marketed enough)
- Offsite meetings for Consortium throughout the community, possibly quarterly
- Website design/redesign outdated
- Working with Punjabi population in Lodi
- Meeting consumers where they are, not assuming what the client needs are.

Stakeholder Presentations – Happening Now (December 2023)

Stakeholder Surveys – Coming in mid January 2024

Key Informant Interviews – Coming in mid January 2024

Draft Plan for 30-day Public Review (March 2024)

Public Hearing at Behavioral Health Board (April 2024)

Presentation to the Board of Supervisors (May 2024)

VI. COMMITTEES / LIAISONS REPORTS:

- Appointment of the Ad Hoc Nomination committee – Patricia Barrett
 - ◊ Celina, Christina, and Eliza assigned to committee by Patricia



VII. REMINDERS

- MHSA Consortium Wednesday, January 3, 2024 at 3:00p,
- Cultural Competency Tuesday, January 9, 2024 at 11:00am
- Suicide Prevention Council Wednesday, January 10, 2024

VIII. LOCAL EVENTS / ANNOUNCEMENTS:

- PRS and UOP having a Health Fair Jan 19th
- Ashley Winters – gave a brief overview of the Manteca Wellness Center.

IX. BOARD COMMENTS:

- X. ADJOURN TO Wednesday, January 17, 2024 at 5:00 P.M.

If you need a disability-related modification or accommodation in order to participate in this meeting, please contact the Behavioral Health Board Secretary at (209) 468-8750 at least 48 hours prior to the start of the meeting. Government Code Section 54954.2(a)